



FOR YOUTH DEVELOPMENT®
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FOOTBALL FRENZY

FLAG FOOTBALL

Youth Sports Complex



Rookies (Ages 3-6) September 22 – October 20
Saturday Only. No Practices

Grades 1-4

First Eligible Practice Date: September 4th

Games September 19- October 27

Games Every Wednesday Night & Saturday Morning

League Features

- Numbered NFL themed jerseys for all grade level participants
- 2 weeks practice time to improve skills before season play begins
- Grade level will now feature 10 games, with end of season 2 day Football Frenzy Tournament
- FINANCIAL ASSISTANCE AVAILABLE!

WHAT YOU'LL NEED:

Mouth Guard (Mandatory for Grade Level Only)
Cleats
Water Bottle (W/ Your Name)

WE'LL PROVIDE:

Volunteer Coaches
NFL Themed Jersey
Team Placement in the League

Rookie: Members: \$26.00 Non-Members: \$41.00

Grades 1-4: Members: \$59.00 Non-Members: \$79.00

\$5 off if you sign up by July 13th (this discount is not available online)

Registration Deadline: August 3rd

\$15 late fee if registering after August 3rd

Flag Football at the Youth Sports Complex

3&4 year old Rookie 5&6 year old Rookie Grades 1&2 Grades 3&4

Jersey Size: Youth or Adult Size: S M L XL XXL

Participant Name: _____ Parent/Guardian Name: _____

Primary Phone Number: _____ Email: _____ School: _____

Volunteer Head Coach Volunteer Assistant Coach Name: _____ Coach Shirt Size: _____



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Flag Football Important Dates

<i>June 11th</i>	Registration Begins
<i>August 3rd</i>	Registration Deadline
<i>August 7th</i>	Mandatory Prospective Coaches Meeting 6pm Beloit YMCA
<i>August 31st</i>	All players should have received call from coach with team info
<i>September 4th</i>	First eligible week for practice
<i>September 20th</i>	Grade Level Scrimmage Games
<i>September 22nd</i>	Rookie Level 1 st day/Grade levels opening games
<i>October 20th</i>	<i>Rookie Levels Last Day</i>
<i>October 24th & 27th</i>	Grade Level End of Season Tournament



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Frequently Asked Questions About YMCA Flag Football Leagues

What age groups does YMCA Flag Football serve?

Our flag football leagues are for players ages 3 – 10 (4th grade).

When does registration begin and where can I register?

Registration officially opens June 11th for flag football. You can register at the Beloit or Roscoe YMCA. The registration deadline for flag football is August 3rd. All late registrations will have a **\$15 late fee**.

What programs are offered for each age group?

Flag Football

Rookie (ages 3-4): This league is for beginners who would like to be introduced to the basics of flag football. The session lasts 5 weeks with practices and games on Saturday mornings only. Registration for this program begins in June. All players learn the beginning fundamentals in a supportive "skills session" environment. In flag football a junior sized football is used. Each game or practice lasts about 1 hour. The first half of each session is devoted to skill development through drills and stations that teach the fundamentals of the game. The second half of each session involves live games where players will take to the customized shortened field for fun & rapid play.

Rookie (ages 5-6): This league is for beginners who would like to be introduced to the basics of flag football. The session lasts 5 weeks with practices and games on Saturday mornings only. Registration for this program begins in June. All players learn the beginning fundamentals in a supportive "skills session" environment. In flag football a junior sized football is used. Each game or practice lasts about 1 hour. The first half of each session is devoted to skill development through drills and stations that teach the fundamentals of the game. The second half of each session involves live games where players will take to the customized shortened field for fun & rapid play.

(Grade Level Play): All players in grades 1-6 can expect to participate two times per week. Teams will meet and practice for the first week before game play begins. The first eligible date that teams can have a practice is September 5th for flag football. The season officially kicks off on September 20th. The flag football program will have games every Wednesday and Saturday beginning September 20th. All teams will play a minimum of ten games with an end of season tournament included.

How do I determine my player's "league age"?

For flag football, register your child based on the grade your child will be attending for the 2017-2018 school year. **NO PLAYER WILL BE ALLOWED TO PLAY UP OR DOWN AN AGE LEVEL.**



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Is my child on the same team he/she was last year?

Not Necessarily Grade level teams are formed by schools. Rookie level teams will be formed randomly by the Youth Sports Director.

What do the programs cost?

Flag Football

Rookie Member- \$26

Rookie Non-Member- \$41

Grade Level Member- \$59

Grade Level Non-Member- \$79

Do you offer financial assistance?

Yes! If you are in need of financial assistance, you may apply at the YMCA. To ensure that the paperwork is completed on time, we ask that the financial assistance paperwork is in by **July 20th**. To be granted financial assistance we will need the previous year's tax form, or a letter of non-filing, 1 month of paystubs, and all federal and state aid you receive (S.S.I, Food Share, etc.)

What does the player fee cover?

Each player's fee covers only a portion of the expenses we incur to operate our leagues (team equipment, uniforms, referees, grounds crew wages, grounds-keeping equipment, concession stand supervisors, janitorial services, etc.). We cover the rest of our operating expenses with support from a combination of sources including donors, team sponsors, on-field advertisers, concession stand operations, and tournament hosting activities.

Do parents need to volunteer in the concession stand?

No! Our concession stand is fully staffed so you can sit back and relax while watching your child's game!



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Does my player need to buy any equipment to play?

The YMCA supplies all our teams with the practice equipment. We also supply all our players with a team shirt. YMCA players will need to supply their own shoes/cleats and mouth guards.

Do I need to pick up my child's uniform?

No. Uniforms are given directly to your coach and they will distribute them at practice.

When is picture day?

Picture day for all teams will take place on a Saturday during the season and is currently being scheduled.

Does the YMCA cut any kids?

No. If you register for YMCA flag football, you are registered and will be placed on a team. (Please note, however, that we do have limits to the number of players who can play in each league, and we will close registration for those leagues as they are filled.)

How many games do the teams play?

Rookie Leagues

Our Rookie Leagues will have a combination of 5 games and practices.

Grade Levels

Each team will play a minimum of 10 games. Since our leagues have a year-end tournament, the exact number of games for each team depends on how well the team does in the tournaments.

Does every player get to play?

Yes! In all leagues every player on the team roster must play at least half of each game.



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When does the season start, and how long does it last?

Rookie flag football– Teams are formed in late August. You will hear from the YMCA with your team name and coach by August 31. All rookie teams first practice will be Saturday, September 22nd.

Grade Level Flag Football–Teams are formed in late August. Your coach will contact you by August 31st and practice is allowed to begin the week of September 4th. Games will begin on September 19th with scrimmage games. The first real game will take place on September 22nd. The season will officially wrap up with Championship games on October 28th.

How often will my player's team practice (Grade Level)?

We believe one of the most important factors in player development is regular team practices. For that reason, we encourage our volunteer coaches to practice with their teams as often as they can, subject to our guideline that every team should have at least two sessions per week (practices and games combined), weather permitting.

Because each of our coaches has a unique job situation, it is impossible for us to tell you exactly when your player will have practices during the season. In general, you can expect your player's team will practice one or two times per week before the season starts, and that the practice schedule will lighten after league games begin.

Are Volunteer Coaches Needed?

Yes! All of your programs are growing rapidly in size. With that, there is an increasing need for volunteer head and assistant coaches. We rely on volunteer coaches to help our programs run smoothly. **If you are interested please attend the coaches meeting that is scheduled for August 7th, 6pm at the Beloit YMCA to be signed up.**



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Where are the games played?

All league games are played at our facility at the YMCA Youth Sports Complex located at 3301 Prairie Ave., Beloit.



What times are the games?

All games on weekdays will start between 5:30 and 7:30p.m.

All games on the weekends will start between 9:00am and 2:00pm